LESLIE COUNTY INFORMER DECEMBER & JANUARY

Cooperative Extension Service
Leslie County
22045 Main St. #514
Hyden, KY 41749



Season's greetings from the staff at Leslie County Extension Office! We extend our heartfelt thanks for your participation in our programs this year. Your support has been invaluable, and we are grateful for the opportunity to serve such a wonderful community. As we look forward to an exciting New Year, we wish you and your loved ones a Merry Christmas and a joyous holiday season. May the coming year bring you happiness, health, and prosperity. Happy New Year!



Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

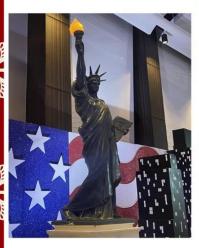
Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.





4-H National Congress













4-H Agent Jace Peters had the incredible opportunity to attend the 4-H National Congress in Atlanta, Georgia, where delegates and guests from 43 states and Puerto Rico gathered, representing 45 land-grant universities. The event was an excellent chance for attendees to connect, exchange pins, and make lasting friendships while celebrating the diversity and achievements of 4-H members nationwide. During the trip, participants had the chance to explore the rich history of Atlanta. Highlights included visiting the Atlanta History Museum, seeing the Martin Luther King Jr.

National Historical Park, which provides for his home and burial site, and experiencing the World of Coca-Cola, where attendees sampled flavors from around the globe. A key part of the experience also included community service at the historic Oakland Cemetery, where 4-H members contributed to preservation efforts and gave back to the community. This fantastic trip is partially funded for youth who achieve the Gold Achievement level, providing an excellent opportunity to represent their

Achievement level, providing an excellent opportunity to represent their communities, engage with peers, and gain exposure to history and service. The 4-H National Congress is an unforgettable experience that highlights youth's hard work and dedication and fosters learning, growth, and service to others.





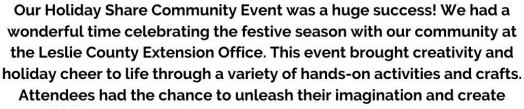












unique holiday treasures, including soothing Sea Scrub, fun Peppermint Slime, and aromatic Holiday Simmer Pots. There were also plenty of opportunities to craft personalized Christmas decor to adorn homes, as well as discover delicious holiday recipes that will surely impress family and friends.

Whether you were a seasoned crafter or a newcomer to DIY projects, there was something for everyone to enjoy. A heartfelt thank you to everyone who joined us and made this event truly special. We can't wait to do it again next year and share even more holiday joy with our wonderful community!













2024 4-H SILENT AUCTION

The 2024 4-H Silent Auction was a tremendous success, thanks to the generosity of our community and the dedication of our volunteers. With over 100 items donated, this event highlighted the accomplishments and milestones of 4-H over the past year, showcasing the impact our programs have had on local youth.

4-H continues to be the leading youth development program, and it's crucial for us to reach as many young people as possible to help them develop important life skills. To do so, fundraising plays a vital role in ensuring the success of our programs and initiatives.

It's truly heartwarming to see how our community consistently comes together to support 4-H. A sincere thank you to everyone who donated, placed bids, attended the event, helped with setup and cleanup, and supported the auction in any way. Special thanks to our 4-H Teen Council for their tireless efforts in gathering donations and running our concession stand—your dedication is greatly appreciated!

With your continued support, we can ensure that 4-H remains a vital resource for our youth, helping them grow into the leaders of tomorrow. Thank you again for making this event such a success!













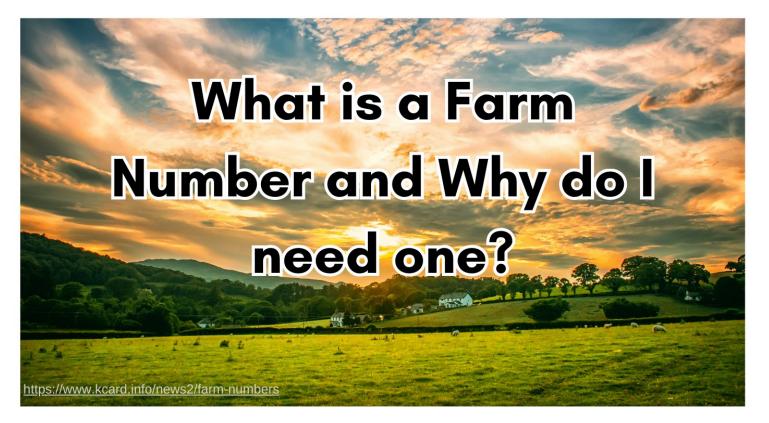
LITERACY NIGHT

JACE HAD THE WONDERFUL OPPORTUNITY TO SET UP AT LITERACY NIGHT AT STINNETT ELEMENTARY, WHERE THE THEME OF THE EVENING WAS APPALACHIAN HERITAGE. TO CELEBRATE THIS RICH CULTURAL TRADITION, SHE LED AN ENGAGING AND EDUCATIONAL LESSON ON FOOD PRESERVATION.

AS PART OF THE INTERACTIVE DEMONSTRATION, JACE MADE FRESH JOHNNY CAKES AND HOMEMADE BUTTER FOR ATTENDEES TO SAMPLE. YOUTH AND FAMILIES ENJOYED TASTING THESE DELICIOUS, TRADITIONAL APPALACHIAN FOODS WHILE LEARNING ABOUT THE IMPORTANCE OF FOOD PRESERVATION TECHNIQUES IN APPALACHIAN CULTURE.

IT WAS A FUN AND HANDS-ON WAY TO CONNECT WITH THE COMMUNITY, EXPLORE LOCAL HERITAGE, AND INSPIRE YOUNG MINDS TO APPRECIATE THE HISTORY AND SKILLS OF THE REGION. THANK YOU TO EVERYONE WHO JOINED US, AND WE HOPE EVERYONE WALKED AWAY WITH A GREATER APPRECIATION FOR APPALACHIAN TRADITIONS!





What is a farm serial number (FSN)?

Just as a Social Security number is a unique identifier for a person, a farm serial number is a unique identifier for parcels of land, not to be confused with an Employer Identification Number (EIN) which is specific to the business operation. The farm number is used to identify the property when applying for grants, loans, and some governmental programs.

Why do I need one?

To apply for programs such as crop insurance, FSA farm loans, disaster assistance, and most recently, programs such as Pandemic Assistance for Producers and Coronavirus Food Assistance Program (CFAP) you must have registered and received a farm serial number through their offices.

Applying for new programs will be easier as you will already be in their system. Be sure to join your local FSA's mailing list so you can be one of the first to know when a new program is announced.

You have the ability to fill out the Census of Agriculture. The Ag Census is a direct data source that includes land use and ownership, operator characteristics, production practices, income and expenditures. It demonstrates the value of agriculture nationwide and can result in more resources and support for farms in Kentucky.

How do I get one?

Contact your local Farm Service Agency office to set up an appointment, stop by the Bell County Extension Office, or attend the January 16th meeting from 2:00 pm -7:00 pm at the Leslie County Extension office. If you have questions, please call the Bell County extension office and ask to speak to Michelle

If you have questions about the USDA Farm Service Agency and how to obtain a farm serial number, feel free to contact us at (859) 550-3972 or kcard@kcard.info.



Michelle Brock
Agriculture & Natural Resources Agent
Bell County Extension Office
337-2376



WANT TO GET FUNDING TO IMPROVE YOUR LAND BUT DON'T KNOW WHERE TO BEGIN? GET A FARM NUMBER!

FREE FARM NUMBER REGISTRATION CLINIC LESLIE COUNTY

THURSDAY, JANUARY 16TH, 2025
2:00 PM-7:00 PM
LESLIE COUNTY COOPERATIVE
EXTENSION OFFICE
22045 MAIN STREET #514 HYDEN, KY

- The Farm Number Registration Clinic is a FREE opportunity to register for a FSA Farm Number and speak with experts about funding opportunities for improving the ecological, recreational, and economic value of your land
- This clinic brings the FSA agents to the Leslie County Cooperative
 Extension office, making the registration process more accessible for Leslie
 County residents. Typically, you would have to go in-person to the USDA

 Service Center in Jackson, Breathitt County.
- A Natural Resources Conservation Services (NRCS) agent and Conservation
 District representative will also be present to discuss what financial
 assistance programs are available to registered Farm Number holders

Follow the link to register: https://shorturl.at/VtB88

CONTACT

Matthew R. Sparks

Community Engagement CoordinatorLeslie County
msparks@likenknowledge.org
606-275-0522





IF YOU WANT TO ACQUIRE A FSA FARM NUMBER FOR YOUR LAND, PLEASE REGISTER USING THE QR CODE/LINK BELOW OR CONTACT US.

In order to acquire a FSA Farm Number, please try and bring the following documents:

- 1. Copy of your deed or lease;
- 2. Copy of PVA Map/Property Card (in color);
- 3. Completed AD-2047 form
 - We will have copies of this at the clinic, you can complete it there. You will need to know the last 4-digits of your Social Security Number (SSN)

If you have trouble getting any of the above documents, let us know and we can help you! Contact information is below. Don't let document requirements stop you from getting a Farm Number!

REGISTER NOW >

https://shorturl.at/VtB88





Coming up in Family and Consumer Sciences Extension

Vicki R. Boggs Extension Agent for Family and Consumer Sciences Education

Leslie County Extension Hyden Homemakers

Plan to meet at Leslie County Extension at 5:00 p.m. on Monday, December 9th, (Christmas Meeting) and January 13th for the regular monthly meeting. Please contact Faye Couch at (606) 672–3231 or Vicki Boggs e 672-2154 for more information.

Homemaker Leader Lesson

Mail-Out: Environment, Housing, and Energy is available upon request. You may stop by and pick these up or contact us @ 672-2154 to request a copy to be mailed.

Attention: Homemaker Service Project Opportunity:





Goodies for Relay for Life:
December 1041

Join us here at Leslie County Extension as we prepare goodies for Leslie County Relay for Life Annual Fundraiser "Santa Candy Shoppe", here at Leslie County Extension! Funds raised are used for local cancer patients. Call today @ 672-2154 to sign up for this service project

Extension Art Club

December 17, 2024 and January 21, 2025 @ 5:00 pm Paint with Berny

Baking Lab

January 23, 2024: 1:00 p.m. Cool weather, warm bread. Sounds comforting to most of us! Join us to learn more about baking a bread loved by many and following a recipe to enjoy your own samples. Live. Learn. Bake! Contact us at 672-2154 to sign up.

Diabetes Support Group Meeting

(No December Meeting) January 30th at 10:00 a.m. Please call 672-2154 to sign up for this monthly program!

Cooking Through the Calendar

December 10th @ 1:00 p.m. January 14th @ 11:30 a.m.

Cooking Through the Calendar: December 14th @ 1:00 & January 25th @ 11:30 a.m. We all love the free recipe calendars the Extension Office provides each year! Cooking through the Calendar is supported by the Kentucky Nutrition Education Program (KYNEP), which is administered by the University of Kentucky Cooperative Extension Service. The goals of both organizations are to educate families and individuals and to help them plan nutritious meals on a limited budget, acquire safe food handling practices, improve food preparation skills and change behavior necessary to have a healthy lifestyle. ARH continues to partner with us and continues to provide incentives and education for this health and wellness program. Sign up soon, spaces are limited. For more information and to sign up for this class please contact Leslie County Extension at 672-2154. It starts with us. #UKFCSExt.







Family and Consumer Sciences



KEHA Leader Lesson Lunch and Learn

Tuesday, January 14, 2025 – 12:00 Noon
Time Well Spent: Organizing Tips for
Increased Productivity. Productivity allows us
to make progress and complete necessary
tasks. However, many people are not as
productive as they would like to be. Through
this lesson, you will learn how clutter and
disorganization can negatively affect your
productivity. You also will gain ideas for
better ways to organize your time and
workspace. This lesson will be taught by
Lorie Adams, Knott County Extension, FCS
Agent. Contact us at 672–2154 by
January 10, 2025, to sign up.

REMINDER! Please call (606) 672-2154 to reserve your spot for all programs.



If School is cancelled due to weather, All Food and Consumer Sciences programs are cancelled as well. This does not apply to Agriculture and Natural Resources programs. Wood Project scheduled at RCARS
Wood Utilization Center



January 28, 2025

Join us at Robinson Wood Utilization Center at Jackson Ky to construct a wooden cutting board. We plan to leave Leslie County Extension by 8:30 a.m. on January 28, 2025. Registration is \$10.00 and the deadline to sign up is January 13, 2025, to reserve your spot. For more information and to sign-up for this class please contact Leslie County Extension at 672-2154.



If you would like to continue or begin receiving a paper copy of this newsletter please inform our office by January 17, 2025. Our newsletter is available on our Leslie County Extension Office Facebook page and on the web @ extension.ca.uky.edu

Family and Consumer Sciences

Program Highlights





Leslie County Extension Hyden Homemakers met at Leslie County Extension at 5:00 p.m. on Monday, November 11th for their regular monthly meeting. Participants gathered to continue making lap quilts for The Hyden Rehabilitation Center residents. Special thanks to all these ladies for giving their time and skills to this special service project for our seniors! Please contact Faye Couch at (606) 672-3231 or Vicki Boggs @ 672-2154 for more information. It starts with us. #UKFCS Extension







Cooking Through the Calendar:

November 12th @ 12:00 Noon Everyone enjoyed cooking and eating the delicious samples of the Hearty Harvest Bowl. Cooking through the Calendar is supported by the Kentucky Nutrition Education Program (KYNEP), which is administered by the University of Kentucky Cooperative Extension Service. The goals of both organizations are to educate families and individuals and to help them plan nutritious meals on a limited budget, acquire safe food handling practices, improve food preparation skills and change behavior necessary to have a healthy lifestyle. ARH continues to partner with us and plans to provide incentives for this health and wellness program. It starts with us.

#UKFCSExt.

Family and Consumer Sciences

Program Highlights

Holiday Goodies WorkShop

Held November 12th following
Cooking Through the Calendar.
Participants gathered and
followed a recipe preparing
divinity. Everyone enjoyed
following the steps of the recipe
to prepare a favorite of many
while learning more about candy
thermometers and steps to take
for successful candy making.





Leslie County Art Club

Painting with Laura Ann was held November 19th @ 5:00 p.m. Everyone enjoyed painting and fellowship at our new Extension Art Club! Thanks to all involved and special thanks to Bernice Bowling for her leadership and Laura Ann for her teaching! It starts with us. #UKFCSExt

Annual Holiday Traveling Road Show



Held November 14, 2024, at Leslie County Extension 1:00 p.m.

Hosted by Quicksand Area FCS Extension Agents. Leslie County Extension had 32 in attendance. Holiday lesson materials covering Moneywise topics of Being Mindful Shoppers:

Use less, Spend Wise and Celebrate Now, Pay Later? Consider Carefully were shared.

Holiday arts and crafts were displayed and presented by each FCS Agent. Recipes along with samples which were enjoyed by everyone. Each participant received a copy of our 2024 Holiday Road Show book filled with all the decorative holiday ideas, recipes, and MoneyWise lessons. Special thanks to our Leslie County Extension Staff and Quicksand Area Agents who made our Annual Holiday Traveling Road Show program a great success! Building strong families. Building Kentucky. It starts with us. #ukFCSext







Diabetes Support Group



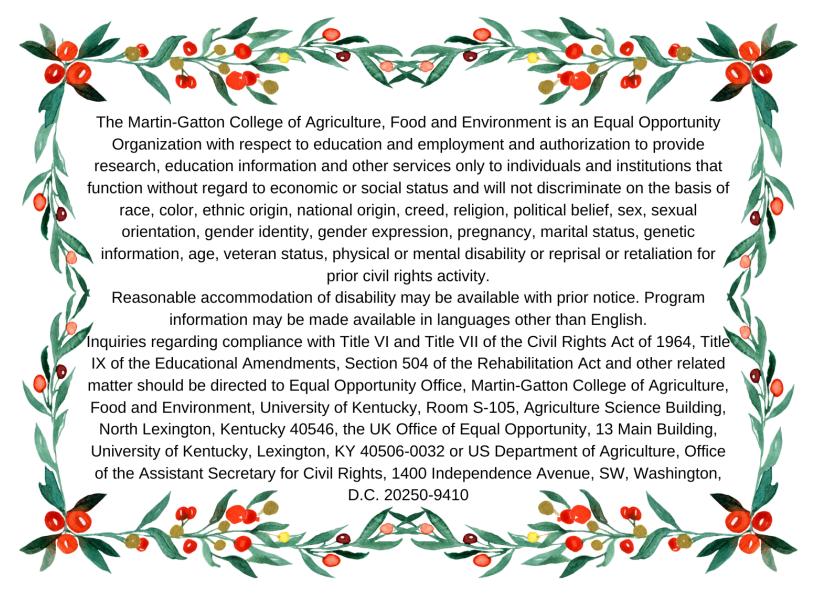
Meeting # 16 was held on Thursday, November 21, 2024. ARH provided a great educational and fun lesson for our last 2024 meeting. Participants enjoyed games and prizes while learning more about diabetes. Everyone also enjoyed the tasty PLAN EAT MOVE Sloppy Garden Joes! We appreciate our local partnership with ARH Healthcare providing many beneficial resources for our community meetings. Plan to join us each month for our Diabetes Support Group here at Leslie County Extension, the last Thursday of each month at 10:00 a.m. It starts with us. #UKFCSExt. Contact us at 672-2154 or vicki.boggs@uky.edu for more information.



* Please call (606) 672-2154 to reserve your spot for all programs. Remember, all programs, VSU and community service qualify for funny money for our Annual Fall Homemaker Meeting!

Raising kids, Eating right, Spending smart





Return Service Requested

Leslie County Cooperative Extension 22045 Main Street #514 Hyden, KY 41749-8568

